

## APPENDIX: DELIVERING THE HEALTH AND WELLBEING BOARD PRIORITIES: A 5 YEAR ACTION PLAN: topic updates

### ALCOHOL

Responsible Public Health Consultant: Julie Hotchkiss

Programme Lead: Paul Burton

Date: April 2017

	Progress to date	Planned in next quarter
Gathering evidence (NICE, PHE reviews etc)	PHE Development session on the 12 Question Tool (31/03/17). Unclear as to target audience for this tool to identify signs of alcohol-related medical conditions - Use by health professionals or e.g. housing staff?	Continue to build on evidence base.
Greater Manchester plans?	GM has an alcohol strategy.	Review against current Trafford plan.
Examples of best practice from elsewhere	Trafford involved in Alcohol Champions work via PHE and has selected Partington. Further information will be gathered.	
Governance group status, next date, etc	New alcohol steering group about to be established. ToR written and potential members invited.	First meeting is on April 18 <sup>th</sup> and will meet quarterly.
<b>Auditing current situation in Trafford</b>		
Performance	Latest PHE profile (data up to 2015) shows Trafford red for: Alcohol-specific mortality Hospital admissions for alcohol-specific conditions and alcohol-related (broad definition) conditions. Substance misuse service data OK.	Results from first meeting of new alcohol steering group will inform future action.
Policies	None	.
Commissioned services	Tender process being finalised for Integrated Substance Misuse service with Bolton and Salford (new service to operate from Jan 2018).	Working with Salford and Bolton while out to tender (scoring bids, panels, etc)
Levers	Collating licensing applications data.	
Action Plan	Alcohol forms part of the Recovery Partnership Action Plan and group will be reviewed first meeting of this on April 18 <sup>th</sup> .	New group to establish additional actions.

## Public Health Delivery Group Report - Tobacco

Responsible Public Health Consultant: Julie Hotchkiss

Programme Lead: Jess Ta'ati

Date: 05 April 2017

	Progress to date	Planned in next quarter
Gathering evidence (NICE, PHE reviews etc)	PHE evidence that E-cigs are far less harmful than tobacco therefore to promote vaping.	Bringing evidence into the new One You service.
Greater Manchester plans	Healthier Futures closed. Will be some Tobacco Control at GM Population Health level	GM Tobacco Commissioners meeting
Examples of best practice from elsewhere	Work with Manchester on what to commission as specialist stop smoking offer.	NW Tobacco Commissioners meeting 19 May 17.
Governance group status, next date, etc	Tobacco Steering Group (TSG) established.	TSG 16 <sup>th</sup> May 17 meeting
<b>Auditing current situation in Trafford</b>		
Performance	No data on stop smoking since Specialist service decommissioned. Collating data from pharmacies	Establish new reporting process.
Policies	No up to date policy at present	Policy needs to be implemented in all council estate – discussion with HR required.
Commissioned services	Local Commissioned Service (GP and Pharmacy) specifications refreshed. Starting specification for new services	Send out the new specs for sign off by end March. Develop spec for One You
Lever	None	
Action Plan	Draft action plan circulated. Strengthening action on preventing vulnerable children from tobacco-related harm	Review on 14 Mar 17. Assign responsibilities.

## Public Health Delivery Group Report template: Mental Health

Responsible Public Health Consultant: Julie Hotchkiss

Programme Lead: Jane Hynes/Daniel Smithson

Date: 10/04/17

	<b>Progress to Date</b>	<b>Planned in Next Quarter</b>
Evidence Review (National)	Nice Guidelines catalogued	Full report on learning from Nice guidelines, and the same from PHE and any relevant government acts
Evidence Review (Greater Manchester)	GM Mental Health Strategy	Review and report of GMMHS
Evidence Review (Trafford)		Find and review
Examples of Best Practice	Researched GM prevention and wellbeing services	Review and establish best practice.
MH Strategy Group		Establish barriers
<b>Audit of current situation in Trafford</b>		
Performance		Review and identify gaps in GM and Trafford level data
Policy	Suicide Prevention Plan drafted	
Commissioned Services	<p>Quarterly Monitoring (outputs, outcomes, case studies) now in place for commissioned services, developed with input from service managers</p> <p>Quarterly Monitoring Meetings now set up to end of next financial year and first ones have taken place</p> <p>Outlined local prevention and wellbeing services.</p>	<p>Receipt and analysis of first quarterly monitoring (Q4 2016/17)</p> <p>Discussion of monitoring at QMM</p> <p>Actions to be attached to matters arising from data</p> <p>CMHT to be involved in meetings</p> <p>Review performance and uptake with relevant commissioners</p>
Non-commissioned Services	<p>Reviewed prevention and wellbeing services</p> <p>Supported Employment for MH identified as a gap in provision</p>	<p>Identify gaps in provision and performance</p> <p>Link into Local Authority pilot if Trafford successful with bid</p>
Action Plan		Link health and wellbeing services to commissioned services

**Public Health Delivery Group Report: Physical Activity**

**Responsible Public Health Lead:** Eleanor Roaf

**Programme Lead:** Louise Wright

**Date:** 05 April 2017

	<b>Progress to date</b>	<b>Planned in the next quarter</b>
<p>Gathering Evidence (NICE, PHE reviews etc)</p>	<p>Evidence to be incorporated into the final version of the Physical Activity Vision including:</p> <ul style="list-style-type: none"> <li>• Physical activity strategy, policy and commissioning</li> <li>• Local strategy, policy and commissioning for physical activity</li> <li>• Training for people involved in encouraging others to be physically active</li> <li>• Physical Activity in the workplace</li> <li>• Encouraging people to be physically active</li> <li>• Encouraging physical activity to prevent or treat specific conditions</li> <li>• Making changes in other areas to encourage physical activity</li> <li>• Local services: areas of work in relation to physical activity</li> <li>• Physical activity and schools</li> <li>• Transport and physical activity</li> <li>• Physical activity and the environment</li> <li>• Lifestyle advice on diet and physical activity</li> <li>• Walking and cycling</li> <li>• Mental wellbeing and older people</li> </ul>	<p>Ensuring evidence is incorporated into the final version of the Physical Activity Vision and ensuing Strategy and Implementation Plan.</p>
<p>Greater Manchester Plans</p>	<p>Greater Manchester Moving is the Blueprint for Physical Activity &amp; Sport that will guide the allocation of investment in physical activity and sport at GM level over coming years. It outlines the aspiration for a collaborative approach to planning and investment in physical activity and sport in order to improve the health of the GM population and maximise the contribution a healthy society makes to the economic growth and prosperity of GM. The purpose is to consider the added value that can be achieved. It aligns to the wider health and social care devolution and the</p>	<p>Within Trafford, we have identified particular topics within these for our work over the next 4 years, as these are seen as being likely to have the largest immediate impact and include:</p> <ul style="list-style-type: none"> <li>• Increase the number of</li> </ul>

	<b>Progress to date</b>	<b>Planned in the next quarter</b>
	<p>framework aims to deliver at scale whilst offering a value for money approach.</p> <p>The Blueprint identified 10 key areas to work on collectively to increase physical activity.</p>	<p>people walking and running</p> <ul style="list-style-type: none"> <li>• Increase the number of people cycling</li> <li>• Promote physical literacy in the early years, at school and at home</li> </ul>
Examples of Best Practice	<p><i>Everybody Active, Every Day: Two years on</i>  <i>An update on the national physical activity framework</i> outlines a number of good practice case studies:</p> <ul style="list-style-type: none"> <li>• Everybody Active North East (EANE)</li> <li>• NHS Healthy New Towns sites</li> <li>• Now's the Time – to get active (Thamesmead)</li> <li>• Teaching every child to be active in Lancashire</li> <li>• Walsall A*STARS (Active Sustainable Travel and Road Safety)</li> <li>• Get Yourself Active</li> <li>• #AlltogetherfitterNHS</li> <li>• Greater Manchester Exercise Referral Standardisation Approach</li> </ul>	
Governance group status, next date, etc	<p>The Health &amp; Wellbeing Board will own and oversee the delivery of the Physical Activity Vision outcomes through the Sport &amp; Physical Activity Partnership which has the support of all the key partners required to drive this transformation.</p>	<p>A strategy and implementation plan will be developed which will form the basis of a delivery plan for the Sport &amp; Physical Activity Partnership.</p> <p>Next SPAP meeting 13 April 2017.</p>

	Progress to date	Planned in the next quarter
<b>Auditing current situation in Trafford</b>		
Performance	<p>See currently adopted aims which have associated performance indicators</p> <ul style="list-style-type: none"> <li>• To reduce the percentage of people in Trafford who are physically inactive</li> <li>• To increase the number of people walking each week</li> <li>• To increase the number of people running each week</li> <li>• To increase the number of people cycling each week</li> <li>• To increase the number of people volunteering in sport and physical activity</li> <li>• To increase physical literacy across the early years, at school and at home</li> </ul> <p>Other Public Health Outcome Framework indicators that could be positively affected by increased physical activity, include the following:</p> <ul style="list-style-type: none"> <li>• Hospitalisation caused by falls</li> <li>• Reduction in preventable mortality</li> <li>• Utilisation of open space</li> <li>• Social isolation among adult social care users</li> <li>• Social isolation among carers</li> <li>• Numbers killed or seriously injured on roads</li> <li>• Improved air quality</li> </ul>	<p>Indicators to be updated quarterly in line with the new Sport England Active Lives survey.</p> <p>The full impact on these indicators will only be seen if a cross-borough (and in some case, pan-Greater Manchester) approach is taken to underpinning issues such as urban planning and transport.</p> <p>Much of the data as currently collected is only available for Trafford as a whole. We need to develop locality and neighbourhood based data so we have a better understanding of inequalities within the borough and enable us to take the necessary steps to address these.</p> <p>To work with Public Health Analyst.</p>
Policies	Council Wellbeing Strategy	Work with Wellbeing Champions.
Commissioned services	<ul style="list-style-type: none"> <li>• Healthy Hearts and Hips work with Age UK and others,</li> <li>• Health Improvement service, being piloted by Blue Sci, also</li> </ul>	Within the next quarter the Sports Partnership will identify

	<b>Progress to date</b>	<b>Planned in the next quarter</b>
	<p>includes promotion of physical activity.</p> <ul style="list-style-type: none"> <li>• Balance Project - Increase the level of physical activity in children aged 5-13 years old and their families is commission by the Council's Children, Families &amp; Wellbeing directorate</li> <li>• Walking in Trafford project – delivered by City of Trees was co-commissioned by TfGM and the Sport &amp; Physical Activity Partnership</li> <li>• Physical Literacy Project – commissioned by the Sports Partnership brings together partners including GreaterSport, Children's Centres, Nurseries, Childminders and Health Visitors in Partington and Stretford, the Youth Sport Trust, Schools, Manchester United Foundation and Trafford School Sports Partnership.</li> <li>• Parkrun in Longford Park, Stretford – commissioned by SPAP</li> </ul>	<p>it's priorities for 2017/18.</p>
<b>Levers</b>	None	
<b>Action Plan</b>	<p>The Physical Activity Vision provides the foundation for action planning around this priority.</p>	<p>A strategy and implementation plan will be developed which will form the basis of a delivery plan for the Sport &amp; Physical Activity Partnership.</p> <p>Each locality partnerships is also starting to develop its own action plan in relation to the priorities locally e.g. Make Sale Move is focussing on getting older people (65+) in Sale more physically active.</p>